

Allergy Aware

SPRING / SUMMER 2022

THIS MENU CONTAINS SULPHITES, SOYA, LUPIN, FISH AND MILK

If your child has a food allergy or intolerance SULPHITES, MILK, SOYA, LUPIN, FISH they should be provided with the alternative meal and dessert choice for that day

All allergens warning are shown in RED

NOTE: All special diet recipes will be noted with 'SD' in front of the recipe. This is where there has been an alteration to the dish to make it suitable

Closely aligned to the school offer as much as possible!

Suitable for pupils with allergies or intolerances to the 14 legal allergens





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish	SD Five Bean Chilli Burrito	SD BBQ Chicken Burger Corn and Pineapple Relish with SD Potato Wedges	Roast Chicken with Roast Potatoes and SD Gravy	Beef Bolognese with SD Gluten Free Pasta CONTAINS SOYA AND LUPIN	SD Fish Fillet CONTAINS FISH and Chips
Alternative Dish	Jacket Potato with Baked Beans Jacket Potato with Cheese CONTAINS MILK				
Pasta	SD Tomato Pasta CONTAINS SOYA AND LUPIN				
Vegetables	Green Beans and Sweetcorn	Peas and Broccoli	Carrots and Cabbage	Broccoli and Sweetcorn	Baked Beans and Peas
Dessert of the day	SD Raspberry Smoothie	SD Chocolate Brownie CONTAINS MILK AND SULPHITES	SD Shortbread Biscuit CONTAINS GF OATS with Fruit Slices	SD Berry and Peach Oaty Crumble 93170440 CONTAINS GF OATS with SD Rice Milk Custard	SD Orange and Sultana Crispie CONTAINS GF BARLEY MALT EXTRACT
Alternative dessert	Fresh Fruit with Coconut Yoghurt	SD Chocolate Crispie CONTAINS GF BARLEY MALT EXTRACT	Fresh Fruit with Coconut Yoghurt	Fresh Fruit with Coconut Yoghurt	Fresh Fruit with Coconut Yoghurt

STOP AND THINK!
Have you prepared the recipe
exactly as stated?



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

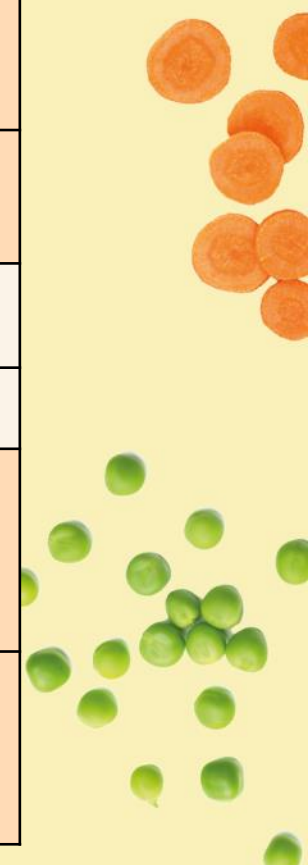
FRIDAY

Hot Main Dish	SD Vegan Cheese & Tomato Pizza CONTAINS GF OATS	SD Asian Sticky Noodles	Roast Turkey <i>with Roast Potatoes and SD Gravy</i>	Cottage Pie	SD Fish Fillet CONTAINS FISH and Chips 93040525
Jacket Potato	Jacket Potato with Baked Beans Jacket Potato with Cheese CONTAINS MILK				
Pasta	SD Tomato Pasta CONTAINS SOYA AND LUPIN				
Vegetables	Carrot Sticks and Cucumber Sticks	Peas and Broccoli	Carrots and Cabbage	Green Beans and Sweetcorn	Baked Beans and Peas
Dessert of the day	SD Flapjack CONTAINS GF OATS <i>with Fruit Slices</i>	Peach Slices <i>with SD Rice Milk Custard</i>	SD Blueberry Yoghurt Cake CONTAINS MILK AND SULPHITES	SD Chocolate Brownie CONTAINS MILK AND SULPHITES	SD Raspberry Smoothie
Alternative dessert	Fresh Fruit <i>with Coconut Yoghurt</i>	Fresh Fruit <i>with Coconut Yoghurt</i>	SD Shortbread CONTAINS GF OATS <i>with Fruit Slices</i>	SD Chocolate Crispie CONTAINS GF BARLEY MALT EXTRACT	Fresh Fruit <i>with Coconut Yoghurt</i>

SPRING/SUMMER 2022

ONLY SERVE WHAT IS ON THIS MENU

Available Every Day: Water, Coconut Yoghurt and Fresh Fruit





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish	SD Vegan Sausages with SD Creamed Mashed Potatoes and SD Gravy	SD Chilli Con Chicken and Sweet Potato Bake CONTAINS GF OATS	Roast Pork with Roast Potatoes and SD Gravy	SD Beef Burrito	SD Fish Fillet CONTAINS FISH and Chips
Jacket Potato	Jacket Potato with Baked Beans Jacket Potato with Cheese CONTAINS MILK				
Pasta	SD Tomato Pasta CONTAINS SOYA AND LUPIN				
Vegetables	Peas and Carrots	Sweetcorn and Broccoli	Carrots and Cabbage	Green Beans and Sweetcorn	Baked Beans and Peas
Dessert of the day	SD Shortbread CONTAINS GF OATS with Fruit Slices	SD Banana and Carrot Muffin CONTAINS MILK	SD Raspberry Smoothie	SD Chocolate Brownie CONTAINS MILK AND SULPHITES	SD Banana Oat Bite CONTAINS GF OATS
Alternative dessert	Fresh Fruit with Coconut Yoghurt	SD Flapjack CONTAINS GF OATS	Fresh Fruit with Coconut Yoghurt	SD Chocolate Crispie CONTAINS GF BARLEY MALT EXTRACT	Fresh Fruit with Coconut Yoghurt

SPRING/SUMMER 2022

ONLY SERVE WHAT IS ON THIS MENU

Available Every Day: Water, Coconut Yoghurt and Fresh Fruit