

# Physical Education & Sport at St Mary's Catholic Primary School

## Physical Education

Ensuring we adhere to the National Curriculum and Early Years Foundation Stage and its coverage we teach from planning created by our sports partnership academy 'Greenacres'. This is supplemented by Continual Professional Development that each teacher receives in the form of team teaching with a specialised and experienced Physical Education coach 6 weeks per year. This gives each teacher the opportunity to experience first-hand the pedagogy behind the planning and gives them the opportunity to improve their teaching. With regards to the teaching of Dance and movement, we follow a scheme called LCP which links Topic learning with a specific dance which the children learn to develop and perform. All sports teaching is carefully planned to allow for progression from the Early years up to the end of Key Stage two. Dance and Gymnastics are alternated every term. Each year the children also receive 6 weekly Tennis lessons which are administered by Avenue Tennis, a local Tennis club. This highlights the rich variety of sport we offer at St Mary's, as well as involving the community in sport and PE at St Mary's.



## Sport

Giving the pupils the opportunity to compete in sporting events throughout the year allows for the children to relate their Physical Education skills and knowledge into a 'real world' situation, allowing for their interests and aspirations in various sports to grow. Alongside this, building PE and Sport to be part of everyday school life at St Mary's is vital to ensure it becomes a good habit in each of our pupils' lives.



## Community

At St Mary's we believe that by engaging the wider community we have a greater influence on the children in our care. One way that we encourage the community to be active is our weekly 'Family Fitness' class.



"I just wanted to say how much my son enjoyed the Mini Youth Games yesterday. He was buzzing about the whole experience and was so excited to tell me all about it. Thank you for giving him this opportunity!" – An email from a parent of a Mini Youth game competitor.

Physical Education and Sport forms a large part of the thriving, varied and challenging curriculum at St Mary's Catholic Primary School. An active school lifestyle underpins the physical and mental health and well – being of all pupils attending the school, which is of prime importance. We believe that encouraging all pupils to actively engage in sport supports their attitude to learning across all subjects, their self – esteem and individual ability to persevere in the face of physical and emotional challenges. Furthermore, it opens our pupils to another pathway of success and achievement in which they can undertake on a personal and team level.